



# beauty rooms

@ RICHARD JOHN

WINNER Clarins Gold Salon of the Year

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Whether you are looking for targeted skin care, a natural all-over tan or simply a way to relax, our expert and professional beauty therapists will help you choose the right treatment for you. Feel free to book a no obligation, complimentary consultation to discuss your needs.

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# CLARINS

With plants, you can see beauty grow. With plants, you can make women and the world more beautiful. This was Jacques Courtin-Clarins' vision when he opened the first Clarins Beauty Institute in Paris in 1954. To this day Clarins is committed to offering women around the world the best products and the best treatments using a unique combination of highly effective plant ingredients and perfect application techniques. Every plant extract from every continent is obtained following procedures which both respect and preserve our environment. So from erasing the signs of passing seasons from a face, to streamlining a silhouette, Clarins beauty programmes can be customised to all skin care needs and concerns.

*Please note listed treatment timings are indicative only and are inclusive of consultation and relaxation time.*

It's a fact. With Clarins,  
life's more beautiful.

## clarins face

- **Tri-Active Facials (105 mins)**

*Five highly personalised results-driven facial treatments, each tailored to meet your specific skin care concerns.*

*Your therapist will help you choose from:-*

- **Lifting Replenisher**

*re-plumps & regenerates mature skin*

- **Power Firmer**

*a firming treatment reducing the look of wrinkles*

- **Radiance Reviver**

*smooths wrinkles and protects stressed out skin*

- **Moisture Quencher**

*restore comfort and moisture to dehydrated skin*

- **Skin Soother**

*a calming treatment to soothe sensitised & irritated skin*

senior therapist	therapist	course of 4
single treatment £85.00	single treatment £78.00	£234.00

- **Aromatic Balancer (75 mins)**

*Oily and congested, dry and dull, dehydrated and sensitive... whatever your skin condition, this customised treatment will rebalance and coax it back to blooming.*

senior therapist	therapist	course of 4
single treatment £64.00	single treatment £58.00	£174.00

- **Age-Defying Eyes**

*Age Defying Eye Treatment targeting fine lines and wrinkles, revealing more youthful-looking eyes from temple to temple.*

senior therapist	therapist	course of 4
single treatment £33.00	single treatment £30.00	£90.00





# clarins body

- **Aromatic Body Balancer (75 mins)**

*Pure pleasure and a real must for out-of-condition skin. Aromatherapy massage helps the absorption of pre-blended oils and creams, which deeply replenish as they firm, detoxify and relax the body.*

senior therapist	therapist	course of 4
single treatment £66.00	single treatment £60.00	£180.00

- **The Energising Back & Neck Massage (45 mins)**

*A detoxifying back exfoliation that restores fresh skin while twenty-five minutes of deep tissue massage melts away tension and soothes tired muscles.*

senior therapist	therapist	course of 4
single treatment £50.00	single treatment £46.00	£138.00

- **Rebalancing Massage (90 mins)**

*Incorporating unique massage and personalised elements for an unrivalled therapeutic experience. Circulation and lymph flow are boosted and muscular tension is eased. Choose from relaxing 'chill out' or stimulating 'wake up'.*

senior therapist	therapist	course of 4
single treatment £71.50	single treatment £65.00	£195.00

## MELTING HONEY HOT STONE MASSAGE Full Body Massage

- **With Relax Honey Massage Gel (75 mins)**

*Deeply relaxing personalised massage that gently releases tension, soothes aching muscles, eliminates toxins and calms mind and body. Using 9 individually shaped, smooth, heat-releasing marble and slate stones intensified by melting honey massage gel, rich in aromatic essential oils.*

senior therapist	therapist	course of 4
single treatment £66.00	single treatment £60.00	£180.00

- **Mother-to-be/New Mum Treatment (75 mins)**

*Pure indulgence for face and body, adapted to your pre- and post-natal stage of pregnancy and how you look and feel. Eases backache, fluid retention, stress, fatigue and tired legs as well as improving skin tone and elasticity. Afterwards you'll feel energized and wonderfully relaxed, with baby-soft skin.*

senior therapist	therapist	course of 4
single treatment £64.00	single treatment £58.00	£174.00

*Please note, listed treatment timings are indicative only and are inclusive of consultation and relaxation time.*

# clarins make-up



- **Wedding Make-Up**

*Trying different Clarins make-up and application techniques under expert guidance will help you achieve a perfect look for your special day.*

- **Wedding Make-up Deluxe**

*includes a rehearsal for brides to be*

senior therapist £90.00      therapist £82.00

- **Wedding Make-Up Express (30 mins)**

*ideal for bridesmaids, family members and guests*

senior therapist £34.00      therapist £31.00

- **Make-Up One-to-One (60 mins)**

*Trying different colours and application techniques under expert guidance will help you achieve a fresh and flattering new look. Whether you want a whole new make-up look or ideas for a special occasion*

senior therapist £47.00      therapist £43.00

- **Make-Up To Go (30 mins)**

*Book in for express make-up where you choose the shades from our latest colour collections and head back to work or out for the evening looking gorgeous.*

senior therapist £34.00      therapist £31.00



**DECLÉOR**  
PARIS

Aromatherapy expert, Decléor, invites you to embrace your inner self and the world around you, infuse your skin with lasting radiance and reveal your natural beauty. Decléor know-how stems from the scientific expertise of plant energies and an in-depth understanding of the body's vital energies, acquired over 35 years experience of aromatic treatments in salons. Harnessing the power of essential oils, Decléor's Energy Concentrates help renew, rebalance and re-energise your body and senses.

*Please note, listed treatment timings are indicative only and are inclusive of consultation and relaxation time.*

Draw the energy of  
your beauty from  
Decléor's philosophy.

- **Ultimate Vitamin Glow (Aromaplastie) (90 mins)**

*This multi-active, 100% natural treatment is tailored to every skin type. Your therapist selects products to rebalance your skin's concerns. At the heart of this treatment is a heated mask which stimulates and enhances the action of the products applied during the treatment, whilst moisturising and deep-cleansing.*

senior therapist  
single treatment £64.00

therapist  
single treatment £58.00

course of 4  
£174.00





# decléor face

- **Aroma Expert Facials (90 mins)**

*These targeted treatments provide an expert response to the needs of every skin type. Even the most demanding skin is satisfied. Every treatment offers a concentrate of highly targeted pure essential oils and plant extracts.*

*Your therapist will help you choose from:-*

- **Moisture Quench**

*restores moisture balance to thirsty skin, revealing a radiant complexion.*

- **Oxygenation Pure & Matt:**

*intensive facial that leaves your skin clearer, more luminous & refined.*

- **Divine Nutrition**

*immediately replenishes lost moisture & reinforces the skins barrier function combating harsh external elements.*

- **Harmonie Calm**

*a wonderful calming facial bringing comfort to stressed skin, leaving the complexion smooth & cool.*

- **Radiance**

*reduces the appearance of pigmentation and brightens the skin. An excellent treatment for a special occasion.*

- **Advanced Anti-Aging**

*a fusion of nature & science smoothing the appearance of expression lines & wrinkles. Your therapist will help you choose which treatment to apply in accordance with your concerns.*

senior therapist	therapist	course of 4
single treatment £71.50	single treatment £65.00	£195.00

*Whether targeting expression lines, slackened skin, loss of firmness or to restore facial volume, Decléor's innovative lipo filling technology leaves your skin visibly glowing and feeling firmer.*





# decléor body

## **NEW** Aroma Blend Body (75 mins)

*A results driven body shaping ritual for lasting skin transformation. This highly effective massage is completely bespoke to you and your refining & firming needs, your therapist will blend a fusion of essential oils & plant oils to focus on what you would like to achieve & how you would like to feel. Your body will feel recharged and your emotions balanced.*

**Refine** *smooths orange peel skin & targets localised roundness*

**Firmness** *to firm & tone your bodyshape*

senior therapist	therapist	course of 4
single treatment £70.00	single treatment £63.00	£189.00

## **NEW** Aroma Blend Body (45 mins)

*A tailor-made body shaping ritual for targeted areas to smooth & refine waistlines or for lighter feeling, sublime legs.*

**Waistline soothing & refining your waistline**

**Light legs for a lighter feeling & sublime legs**

senior therapist	therapist	course of 4
single treatment £30.00	single treatment £27.00	£81.00

## • Aroma Body Massage (75 mins)

*Every bit of tension is eased from your body with this heavenly massage. Your skin is treated to the incredibly soothing sensation of a warm aromatic balm selected to suit your needs whilst the expert touch of your therapist melts away stresses, eases tense and tired muscles and leaves your body with renewed energy. Choose from Relax, Detox or Tonic:*

senior therapist	therapist	course of 4
single treatment £64.00	single treatment £58.00	£174.00

*Please note, listed treatment timings are indicative only and are inclusive of consultation and relaxation time.*





- **Indian Head Massage (45 mins)**

*Drift into deep relaxation with this sublimely calming massage. All traces of tension are gently eased from the scalp, décolleté, neck and shoulders.*

senior therapist	therapist	course of 4
single treatment £44.00	single treatment £40.00	£120.00

- **Aroma Back Relief (45 mins)**

*This treatment offers a release when stresses and strains are at their peak. A back exfoliation is followed by a deep massage of back, neck & shoulders to target tension and promote relaxation.*

senior therapist	therapist	course of 4
single treatment £50.00	single treatment £46.00	£138.00





# GUINOT treatments

INSTITUT • PARIS

Massage makes the skin more beautiful and more radiant. Under the expert touch of the beauty therapist, and the smooth texture of Guinot massage cream, your face relaxes and your skin is rested and rejuvenated. The Guinot facial massage stimulates "new blood circulation" so the skin is oxygenated, energized and more radiant. Guinot was first to create skincare products containing the 56 active biological ingredients fundamental to cellular life and with more than 30 years of professional skincare experience in beauty clinics, Guinot treatment methods and formulas are the leading edge.

*Please note, listed treatment timings are indicative only and are inclusive of consultation and relaxation time.*

Guinot has the  
experience to make  
every day more beautiful.

- Hydradermie 2 facials use the Hydraderm machine (unique to Guinot) which uses gentle galvanic and high frequency currents, in combination with manual massage and bespoke plant-based extracts. These treatments deeply penetrate the skin, stimulate cell renewal and restore the skin's natural beauty.

- Hydradermie 2 (75 mins)

*The world famous facial, ideal for deep cleansing, rehydrating and regenerating. A complete treatment, customised for all skin types.*

senior therapist	therapist	course of 4
single treatment £73.00	single treatment £66.00	£198.00

- Hydradermie 2 Age Logic (90 mins)

*The anti-ageing star treatment concentrating on the eyes, face and neck including cleansing exfoliating, massage and mask.*

senior therapist	therapist	course of 4
single treatment £81.00	single treatment £74.00	£222.00

- Beauté Neuve Facial (60 mins)

*A gentle double-peeling facial containing anti-ageing ingredients and pure vitamin C to boost radiance, reduce pigmentation and rehydrate skin.*

senior therapist	therapist	course of 3
single treatment £56.00	single treatment £51.00	£102.00

# non-surgical lift

Guinot's non-surgical lift treatments use stimulating microcurrents to give facial muscles a workout. Designed for skin that shows a loss of elasticity to provide an immediate 'lift' and overall boost in radiance.

- Hydradermie Lift Deluxe (105 mins)

*All the benefits of a Hydradermie 2 facial with an added lifting effect for the face & neck by toning the complexion, smoothing wrinkles and lifting facial contours. Includes massage & mask to eliminate toxins & improve skin tone.*

senior therapist	therapist	course of 4
single treatment £81.00	single treatment £74.00	£222.00

- Hydradermie 2 Lift Eyes (45 mins)

*Visibly rejuvenates the eyes, eyelids & crows feet, this treatment stimulates & contracts sub-cutaneous muscles. Plumping volume & filling in surface signs of ageing.*

senior therapist	therapist	course of 4
single treatment £48.00	single treatment £44.00	£132.00

- Age Summum Facial (60 mins)

*To help ease the signs of ageing. Targets wrinkles and fine lines and loss of firmness. Includes a pro-collagen mask.*

senior therapist	therapist	course of 4
single treatment £77.00	single treatment £70.00	£210.00



NEW



# CACI synergy led facials

The latest technology in Caci Synergy combines microcurrent impulses & LED light therapy to enhance the lifting effect & helps in the production of collagen. The synergy of both technologies provides more visible & long lasting results.



- **Rejuvenation & Lift (90 mins)**

*This facial introduces microcurrent LED technology using light therapy to enhance results. Ultrasonic peeling & orbital microdermabrasion are used to exfoliate leaving a brighter, smoother complexion. This treatment will lift & tone the face & neck followed by CACI's unique wrinkle comb to target fine lines & wrinkles. After a course of treatments you can expect to see a more youthful & toned appearance with glowing, healthy skin.*

therapist	taster course of 6	course of 10
£120.00	£600.00	£960.00

- **Signature Lift (60 mins)**

*Microcurrent impulses will lift & tone the facial muscles combined with LED light therapy to enhance this classic treatment, helping to improve skin elasticity & reducing fine lines & wrinkles.*

therapist	taster course of 6	course of 10
£70.00	£350.00	£630.00

- **Jowl Lift (45 mins)**

*The CACI Jowl Lift has been developed to target muscle laxity around the jawline which can cause drooping jowls & loose skin. This treatment is designed to lift & firm the muscles & refine facial contours to give a firmer, more toned appearance.*

therapist	taster course of 6	course of 10
£40.00	£200.00	£360.00

- **Hydratone Facial (45 mins)**

*The Hydratone Facial will instantly rehydrate, revitalise & plump the skin by using an intensive, anti-ageing Hydro Mask. It has an immediate cooling effect that will soothe & calm any redness or irritation. Enhanced with LED Red light to rejuvenate a mature skin or Blue light to calm stressed skin. Great for a special occasion & is perfect for brides.*

therapist	taster course of 6	course of 10
£40.00	£200.00	£360.00

- **Orbital Microdermabrasion (45 mins)**

*This treatment uses controlled orbital microdermabrasion to exfoliate & deeply cleanse the skin, combined with LED light therapy for tissue repair & healing. The controlled removal of skin cells has a remarkable softening action on surface lines & wrinkles. This treatment combined with light therapy can also be used for treating sun damaged skin & acne scarring.*

therapist	course of 6
£40.00	£200.00

- **CACI Acne Treatment (45 mins)**

*This soothing treatment targets severe acne concerns where exfoliation is not advised. The treatment uses blue & red light therapy (anti-bacterial & anti-inflammatory) combined with a Hydro Mask to soothe & calm, as well as reduce redness & irritation.*

therapist	course of 6
£40.00	£200.00





**J**  
JESSICA

Professional  
**GEL**eration™

All nails are not created equal! Just as there are different types of hair and skin, there are also different types of nails requiring individualised treatments. Jessica is recognised as "The First Lady of Nails" revolutionising the nail industry over 40 years ago with customised solution products for natural nails. People who know that the best nails are natural nails know that Jessica is the key to healthy beautiful nails.

- **GEleration™ Gel Overlays (45 mins)**

*The most sophisticated soak-off gel formula on the market delivering a long-lasting flawless finish that dries in seconds, protects the natural nail and leaves a chip-resistant finish. Available in Jessica's most popular colours.*

senior therapist £38.50	therapist £35.00
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- **GEleration™+ Mini Manicure/Pedicure (60 mins)**

*A combination treatment consisting of Jessica's luxurious manicure plus GEleration overlays to finish.*

senior therapist single treatment £50.00	therapist single treatment £45.00	course of 4 £150.00
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- **GEleration™ Soak Off** includes file and base coat £15

## jessica nailcare

- **Manicure (60 mins)**

*A tailor made, individual treatment with expert results. Exfoliation, massage, cuticle work, a mask and heated mitts are followed by a re-shape and a choice of beautiful Jessica nail colours.*

senior therapist single treatment £38.50	therapist single treatment £35.00	course of 4 £105.00
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- **Pedicure (60 mins)**

*Indulge in a Jessica Zen Spa luxury pedicure. Your feet will feel full of life. Exfoliation, massage, cuticle work, a foot bath and mask are followed by a re-shape and a choice of beautiful Jessica nail colours.*

senior therapist single treatment £38.50	therapist single treatment £35.00	course of 4 £105.00
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- **Shape & Varnish Fingers or Toes (30 mins)**

*The same great treatment for fingers or toes but express style. For when your nails are in good shape and just need a retouch to bring them up to scratch.*

senior therapist £21.00	therapist £19.00
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*Please remember to bring open-toed shoes when you opt for a pedicure treatment.*



# tanning

## The Clarins Sun Glow (75 mins)

*The crème de la crème of self tanning treatments includes deeply exfoliating massage and gives skin a gorgeous, long-lasting, glowing golden colour.*

senior therapist single treatment	therapist single treatment	course of 4 £150.00
£55.00	£50.00	

## Decléor Self Tanning (60 mins)

*Expert exfoliation is followed by a professional application of golden self tan leaving you positively glowing.*

senior therapist single treatment	therapist single treatment	course of 4 £135.00
£49.50	£45.00	

## St Tropez Self Tanning (60 mins)

*All over body exfoliation removes dead skin cells and increases circulation for a deeper tan. Autobronzant is then massaged into the body, conditioning the skin and leaving you with a long lasting and natural looking tan.*

senior therapist single treatment	therapist single treatment	course of 4 £135.00
£49.50	£45.00	

*Please remember to wear loose dark clothing on the day of your tanning treatment.*



# eyecare

## • Lash Perfect

*Individual, lightweight, professionally applied eyelash extensions, ideal for holidays, special days and every day. The totally natural look and feel.*

	senior therapist	therapist
Lash Perfect Full Set (120 mins)	£66.00	£60.00
Infill Appointment (45 mins)	£30.00	£26.00

*Full set price includes a complimentary follow up maintenance appointment 7 days after application.*

## MORE EYECARE

	senior therapist	therapist
Eyebrow Shaping	£16.00	£14.50
Eyebrow Tint	£16.00	£14.50
Eyelash Tint	£19.00	£17.50

*Please note, a patch test is required 24 hours prior to your first eyelash or eyebrow tint. Please ask in salon for more details.*



# hair removal

- Waxing

*Using the most hygienic waxing system available for safe and effective results.*

	senior therapist	therapist
Full leg	£37.00	£34.00
Half leg	£24.00	£22.00
Bikini line	£15.00	£12.50
Lip and chin	£15.00	£13.50
Lip or chin	£11.00	£10.00
Brazilian	£24.00	£20.00
Hollywood	£36.00	£32.50
Under arm	£13.00	£11.50
Forearm	£20.00	£18.50
Full arm	£26.00	£24.00

- Hot Wax available – ask your therapist for more details.

- Threading

1 area £12.00      2 areas £18.00      3 areas £24.00

- Electrolysis Subject to availability

*a gradual form of hair removal that delivers an electrical current to destroy the hair root over time.*

*(Free consultation prior to first visit – 15 mins)*

Up to 15 mins £22.00      Up to 30 mins £34.00

- Advanced Electrolysis Subject to availability

*Thread veins/Skin Tags/ Milia*

Up to 15 mins £38.00      Up to 30 mins £60.00

- Ear Piercing

*Includes a choice of hyper-allergenic earrings and ear care solution.*

per pair £22.50      single ear £17.00

*Under 16s to be accompanied by an adult. Children must be 7 years +.*





# men's treatments

- Clarins Skin Blitz Facial (75 mins)

*Shaving bumps and irritation, stress and tiredness, greyness and congestions... whatever life has hit your skin with, this super-relaxing bespoke facial will target and treat it. Your face will look and feel refreshed, healthy and smooth.*

senior therapist	therapist	course of 4
single treatment £51.00	single treatment £46.00	£138.00

- Clarins Muscle Ease Body Massage (75 mins)

*Whether you've overdone it at the gym or work, this intensely therapeutic massage eases tense shoulders, back knots and aches. Aromatic essential oils supercharge the stress-relieving benefits, restoring your sense of well-being.*

senior therapist	therapist	course of 4
single treatment £58.00	single treatment £52.00	£152.00

*Please note, listed treatment timings are indicative only and are inclusive of consultation and relaxation time.*

- Clarins Energizing Back, Neck & Scalp Massage (45 mins)

*Back cleansing and deep massage rolled into one rejuvenating treatment that sorts out congested skin and tired muscles. The ultimate post-exercise pick-me-up, it leaves you feeling chilled out instead of strung out.*

senior therapist	therapist	course of 4
single treatment £50.00	single treatment £46.00	£138.00

- The Gentleman's Manicure or Pedicure (45 mins)

*Exfoliation, massage and cuticle work followed by an expert re-shape will leave your hands or feet feeling refreshed and looking immaculate.*

senior therapist	therapist	course of 4
single treatment £32.00	single treatment £29.00	£87.00

## MORE MEN'S TREATMENTS

	senior therapist	therapist
Chest Wax (Pecs)	£20.00	£18.50
Chest & Torso Wax	£25.00	£23.00
Back Wax	£25.00	£23.00





## Beauty Price List January 2017

RJ12

We respectfully request 48 hours notification of any cancellations or a fee of up to 50% of the treatment cost may be charged. Not all treatments are available at all times. Please note listed treatment timings are indicative only and are inclusive of consultation and relaxation time. We offer a 2-tier pricing structure for senior therapists and therapists.

## opening times


monday	9.00 am - 6.00 pm
tuesday	9.00 am - 6.00 pm
wednesday	9.00 am - 9.00 pm
thursday	9.00 am - 9.00 pm
friday	9.00 am - 7.00 pm
saturday	9.00 am - 5.30 pm
sunday	9.45 am - 4.30 pm

*Open Bank Holidays*

# RICHARD JOHN

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